





www.mountmartharotary.org.au mountmartharotary@gmail.com

Mary McIntyre supported by Bill Cummins has gone the extra yard to take the extra yarn to support those impacted by the East Gippsland Bushfires. This is indeed a great yarn with some photos appearing on page 5 of this Bulletin.

Thank you to Mary and to those who have supported her with this collection. Fantastic work Mary one and all!

Mary has also secured a gazebo for the Mount Martha Boomerang Bags team which will share the Rotary message as they go about their great community work in and around Mount Martha.

As we now head into our final month of Rotary for 2020-21, we look forward to hearing from our NYSF student, Mitchell Tepaske on Monday evening, 1st June.

We will also hear from Merv Williams who has taken on the task of establishing our new Club website. It showcases our Club very well and on Monday, Merv will give us an overview of new site including the Members area. Our thanks to Merv for his great work. Our thanks also to Colin Stokes who managed the now former website superbly over many years. Well done to Merv and Colin.

On Wednesday 10th June, I will be encouraging as many of our Members to Zoom in to hear Ross Kilborn (President, Rotary Mornington), together with our own Steve Daly, as we take a look at our proposed Rotary Centenary "R100" Project for the Peninsula Cluster Clubs the Bay Trail.

Then in a fortnight, President—elect Roger and his Board will take us through some of the proposed plans and projects for 2020-21. We will also be voting in our new Constitution and By-Laws so please Zoom in to that meeting or send in your Proxy via Secretary Wayne.

At months end we will hold our Club Changeover Night on Monday 29th June, which will have a very different feel to it, but a significant night for Roger Skipsey and our Club. It will be a terrific night and one not to miss!

1st June 2020

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Many thanks to all, President, Peter Rawlings



Club/Cluster and District meeting (via Zoom in this present COVID-19 climate).

JUNE IS ROTARY FELLOWSHIP MONTH

Rotary Fellowships are international groups that share a common passion. Being part of a fellowship is a fun way to make friends around the world, explore a hobby or profession and enhance your Rotary experience.

Mon 1 June Club Meeting - the new Website (with Merv Willams)

and NYSF student Mitchell Tepaske.

Wed 10 June Ross Kilborn and Steve Daly, Bay Trail Centenary Project

Mon 15 June Club Meeting - PE Roger Skipsey & Board, 2020-21 Club Plan

Mon 29 June RC of Mount Martha Changeover

JULY HAS NO ROTARY THEME

Mon 6 July TBA

Mon 13 July TBA

Mon 20 July TBA

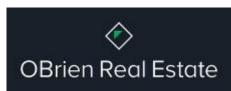
Mon 27 July TBA



OUR COMMUNITY SUPPORTERS, TO WHOM WE ARE VERY GRATEFUL













The Rotary Foundation

Rotary's Charity and Rotarians Charity of choice

Two Drops of Life: India's Path to End Polio (cont.) (extracts of article from JSTOR Daily) (part 5 of 6)

The Sewage Surveillance

City residents may not know when the virus might cross the border, but the environmental health officials have a way of finding out. Human-excreted pathogens end up in wastewater systems. India works with World Health Organisation (WHO) to maintain a robust environmental surveillance program via sewage sampling at specific locations. "We are going to expand to Tamil Nadu in Chennai, so it will soon be 54 sites across 11 states."

Every week team members sample sewage streams, fill up special bottles and send them to a lab. The scientists ran tests to comb the samples for Polio presence.

The testing sites are chosen based on the urban catchment area from where they drain the sewerage typically the urban slums with high migratory population. Some people migrate cross borders from Pakistan and Afghanistan where children still get stricken by polio. But polio doesn't leave every patient paralyzed in fact, 90 to 95 percent of polio cases are asymptomatic Paralysis occurs in only one percent of infections, so people can be shedding the virus, and not know it. They mix with the local people and then it spreads." Testing sewage for polio helps prevent the outbreaks before they happen. If a sewage sample tests positive, the health authorities immediately take action, including immunize all young children in the area drained by that sewage catchment. Moreover, medics can now tell where a specific virus came from.

Over the three decades of eradicating efforts, health workers amassed a huge amount of information about the virus' genetics and built the "polio family tree." They can genetically match a polio found in a city's sewage to the family tree and tell what province or country it actually came from. "We can inform the health official in that area so they can immunize the children there also." Surveying sewage for polio proves valuable for developed countries, too.

(to be continued next week with the final part)

You too can support The Rotary Foundation "Doing Good in the World" by:

- Renewing your Centurion Club membership. \$100 per year as you are able.
- For new members forms are available from Roger Annear
 Direct bank contribution to the RC Mt Martha Club A/c BSB 633-000, Account 126265388
 Please note your name and also advise Roger Annear by email when done.



Dear Peter and Carol

Very many thanks for inviting Newlands RC to join your Mount Martha Club meeting on Monday 11th May 2020. It was a great experience and our club's first opportunity to be a "zoom" guest speaker at an international club across the continents! We thoroughly enjoyed your Australian "virtual' hospitality and it was wonderful for Jenny Ibbotson to be able to link up and say hello to those she met while visiting your club last year.

I would especially like to thank you Peter, for all your much appreciated technical and encouraging support both during the preparatory test drives on Sunday and then during the actual meeting on Monday .It was great how efficiently all the technology worked during the actual meeting — always so essential and never more than during a zoom meeting! We also really appreciated the opportunity to further cement the partnership between our two clubs and loved sharing our latest food security programme for our Langa ECD centres and appreciated the interest shown by your club members.

As promised, we have followed up on the question from Gordon Morris as to whether it is more cost effective to combine donations and send a lump sum or send individually.

Our Newlands Treasurer suggests it is probably better to send a combined donation, as seems likely to attract less bank charges that on individual donations.

You kindly agreed to follow-up on our Monday presentation and put a reminder in your club bulletin for those who would like to contribute to the Langa Food Security COVID programme and we promised to share our club bank details. They are shown below .

Our bank details are as follows:

Rotary Club of Newlands Standard Bank of S.A.

Blue Route branch

Branch code: 051001 (Standard Bank universal branch code)

Account No: 072023503 SWIFT CODE: SBZAZAJJ

Sometimes the bank also needs the Club's physical address and the branch physical address:

Rotary Club of Newlands

c/o Western Province Cricket Club

146 Campground Rd, Newlands, Cape Town, 7700

Standard Bank of S.A. Ltd. Blue Route Branch Shop G20, Blue Route Mall 30 Tokai Road, Tokai Cape Town, 7945

We would appreciate it if you would share this information with your club members and include a suggestion that those who wish to donate to the Langa Food Security programme can either do it direct to the above account or, to further reduce bank charges, pay directly into the Mount Martha account (you can add your club information) for a combined donation from your club.

Once again, our very grateful thanks for the opportunity to share our COVID food security programme for Langa with you all.

We look forward in the future to finally being able to put our planned Friendship Exchange into actual practise but in the meantime, do stay safe and healthy!

Warmest regards

Geraldine Nicol Newlands Rotary Club Langa Community of ECD Excellence Project Co-ordinator



Clothing delivery to Cooryong, thanks to arrangements made by Rotarian Mary McIntyre

Rotary has been doing an enormous amount of work in the East Gippsland Fire zone through our East Gippsland Rotary Fire Aid Committee. Throughout the current lockdown loads of hay and vouchers are being delivered using appropriate social distancing measures.

The call out to Rotary Clubs in the region came for the current need of knitted goods - naturally as people were reclothed after the fires there was no real need or access to winter clothes. As the weather cools, the need for warm clothes is increasing and we at Mount Martha Rotary came to assist. Through club member, Mary McIntyre, two trailer loads of good quality winter clothing have been delivered East Gippsland regions to assist families in Cann River and Mallacoota.









The remaining clothes unable to be taken to Gippsland went to Mornington Community Information and Support Centre and St Vincent De Paul's Op Shop



FOR SALE

Rotarian Phyllis Scales is selling their 2004 Holden Commodore. It's a VY Series II, 6 cylinder, Automatic Transmission, Central Locking, Alarm, Dual Air Bags, ABS Brakes, Power Steering, Air Conditioning, Cruise Control, Front Power windows, AM/FM Radio/CD player and Power Antenna. It is a Solid, reliable car, great to drive, has Seat covers. It has been in the family since new. Regularly serviced since new so it runs well. Some minor cosmetic blemishes in the paintwork. 317,900 km. June 2020 registration. Very Clean and Tidy Throughout. Only selling as we bought our daughter's car and we only need 2 cars not 3.

Similar car with 70,000km more mileage is listed at Frankston dealer for \$3490 drive away.

Price: \$2000 if you want me to get RWC but only \$1400 without RWC (I'm trying to stay home & stay safe)

Call 0419 138 187

If sold through RCMM member, I will donate 50% of proceeds to the Club.









Official Advice from the Australian Chief Medical Officer to help stop the spread of Coronavirus (COVID19).



OFFICIAL MEDICAL ADVICE

Coronavirus:

Thanks to you, we are saving lives and stopping the spread.

But it's important we continue to keep all Australians safe.

Stay at home unless necessary and avoid non-essential travel.

Banks, supermarkets, petrol stations, medical services and suppliers remain open.









If you can, you should work from home.

Use phones for meetings, stop handshaking, tap to pay where possible instead of using cash.







Maintain physical distancing and hygiene practices.

Keep 1.5 metres of physical distance, exercise away from others, and wash your hands regularly for 20 seconds.







Visit australia.gov.au to find restrictions specific to your State or Territory.



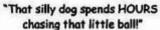
A bit of light-hearted humour in these difficult times . I hope you enjoy these pieces and can see the funny side of them.

SIX LITTLE STORIES WITH LOTS OF MEANINGS

- (1). Once all villagers decided to pray for rain. On the day of prayer, all the people gathered, but only one boy came with an umbrella. That is faith.
- (2). When you throw babies in the air, they laugh because they know you will catch them. That is trust.
- (3). Every night we go to bed without any assurance of being alive the next morning, but still we set the alarms to wake up. That is hope.
- (4). We plan big things for tomorrow in spite of zero knowledge of the future. That is confidence.
- (5). We see the world suffering, but still, we get married and have children. That is love.
- (6). On an old man's shirt was written a sentence 'I am not 80 years old; I am sweet 16 with 64 years of experience.' That is attitude.

Have a happy day and live your life like these six stories. Remember - Good friends are the rare jewels of life, difficult to find and impossible to replace!!









My grandfather warned people that the Titanic would sink

No one listened, but he kept on warning them nonetheless until they got sick of him and kicked him out the movie theatre





My son was spending too much time playing computer games, so I said, "Son, when Abe Lincoln was your age, he was studying books by the light of the fireplace."

He considered this for a moment and replied: "When Abe Lincoln was your age he was The President of the United States."

